

Traditional Greek Christmas Cookies

"Melomakarona"

Ingredients

For the syrup

500 g water 800 g granulated sugar 150 g honey 3 stick(s) cinnamon 3 whole cloves 1 orange, cut in half

1st mixture

1 kilo all-purpose flour 200 g semolina, fine

2nd mixture 400 g orange juice 400 g seed oil 180 g olive oil 50 g icing sugar 1/2 teaspoon(s) ground cloves 2-3 teaspoon(s) cinnamon 1/4 teaspoon(s) ground nutmeg 1 teaspoon(s) baking soda orange zest, of 2 oranges

To serve

honey walnuts

Execution Method

For the syrup

Boil all of the ingredients for the syrup, apart from the honey, until the sugar melts. Remove from heat.

Add the honey and mix till combined.

Let the syrup cool for 3-4 hours. It must be cold by the time the cookies come out from the oven. You can prepare the syrup from the day before.

For the cookies

Preheat the oven to 190° C (370°F) set to fan. To make the cookies, you need to prepare 2 separate mixtures. For the first mixture, add all of the ingredients in a large bowl. Mix, using a hand whisk.

In a separate bowl, add all of the ingredients for the second mixture. Combine the first and second mixture.

Mix by hand, very gently and for a very short time (10 seconds at the most). If you mix longer the mixture will split or curdle.

Mold cookie dough into oval shapes, 3-4 cm in length, 30 g each. Try to keep them as similar as possible.

Bake for about 20-25 minutes, until they are crunchy and golden brown.

As soon as you remove them from the oven, soak the hot cookies in the syrup for 10 seconds.

Allow them to drain on a wire rack. Drizzle with honey and chopped walnuts.

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