

# Mother's day

Mother's Day is a holiday for the mother. In many countries it is celebrated on the second Sunday of May.

The ancient Greeks and Romans held festivals in honour of the mother goddesses Rhea and Cybele, but the early Christian festival known as “Mothering Sunday” is the precedent to Mother's Day.

It was established in the 20<sup>th</sup> century in 1865 and comes from the English and American women movement.

