

The Evil Eye

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Some Greeks, especially in villages, believe that someone can catch the evil eye 'matiasma' from someone's jealous compliment or envy. A person who has caught the Evil Eye usually feels bad physically and psychologically. In this case an expert in xematiasma (which means get rid of the evil eye), must say a special prayer to release the person in pain from the bad effects of the Evil Eye. To avoid the effects of the Evil Eye or matiasma those who believe in it wear a

charm, a little blue bead with an eye on it.



Blue is believed to be the colour that wards off the Evil Eye. But it is also believed that people with blue eyes are most possibly the givers of the matiasma.